

1 Mortality postponement and compression at older-ages in human cohorts

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16 **1. Abstract**
17
18 A key but unresolved issue in the study of human mortality at older ages is whether mortality is being
19 compressed (which implies that we may be approaching a maximum limit to the length of life) or postponed
20 (which would imply that we are not). We analyze historical and current population mortality data between ages
21 50 and 100 by birth cohort in 19 industrialized countries between ages 50 and 100, using a Bayesian technique
22 to surmount cohort censoring caused by survival, to show that while the dominant historical pattern has been
23 one of mortality compression, there have been occasional episodes of mortality postponement. The pattern of
24 postponement and compression across different birth cohorts explain why longevity records have been slow to
25 increase in recent years: we find that cohorts born between around 1900 and 1950 are experiencing historically
26 unprecedented mortality postponement, but are still too young to break longevity records. As these cohorts
27 attain advanced ages in coming decades, longevity records may therefore increase significantly. Our results
28 confirm prior work suggesting that if there is a maximum limit to the human lifespan, we are not yet
29 approaching it.
30
31 **2. Introduction**
32
33 Whether or not there is a limit to the human lifespan has been a subject of debate for millennia.
34 Measured over very long time periods, there have been substantial increases in estimates of the
35 maximum possible lifespan. The Hebrews of the late Bronze Age famously regarded 80 years as the
36 maximum length of a human life. (Psalm 90:10; <500BC); around 1,000 years later, the ancient Romans
37 set their official estimate of the maximum, the so-called *saeculum naturale*, at 100 or 110 years (Horace,
38 17BC, Censorinus, 248). Modern longevity records are higher still: the current human longevity record
39 is 122), but has remained unchanged since 1997.
40
41 Dong et al (2016) use the slow change in longevity records in recent years to argue that the human
42 lifespan has reached an absolute limit, a finding supported by Olshansky (2016). Kirkwood and Austad
43 (2000) use biological hypotheses to reach the same conclusion. Oeppen and Vaupel (2002), Vaupel
44 (2010) and Rootzen and Zholud (2017), on the other hand, interpret recent improvements in old-age
45 mortality and the pattern of deaths at older ages to assert the opposite.
46
47 An important recent study in this area is Zuo et al (2018). They use period data to show that the gap
48 between the percentiles of the distribution of age at death of those older than 65 remained roughly
49 constant between 1960 and 2010 in 20 countries. They conclude that period effects therefore appear to
50 be driving the improvement in longevity at older ages and that lifespan does not appear to be
51 approaching an upper limit.
52
53 In this paper, like Zuo et al (2018), we analyze mortality of older individuals in richer countries using the
54 Human Mortality Database (HMD, 2021). However, we analyze mortality by birth cohort, rather than by
55 period. Using cohort data follows a fixed set of individuals over time, and is therefore most suited to
56 clarifying the biological mechanisms underlying mortality. In particular, the use of cohort data may
57 avoid the conflation in period data of changes in mortality rates over time and/or age with changes
58 across cohorts. Cohort analysis is made difficult by cohort censoring due to survival, which we surmount
59 using a Bayesian estimation approach (McCarthy, 2020; McCarthy and Wang, 2019, 2021) that improves
60 the precision of estimates for non-extinct cohorts.

61
62 We fit the Gompertz law, which posits that mortality rates in humans increase roughly exponentially
63 with age after around age 50 (Gompertz, 1825), to each individual cohort between the ages of 50 and
64 100. As we will demonstrate, the Gompertz law fits cohort mortality data extremely well in this age
65 range, especially in recently extinct cohorts. A key parameter in the Gompertz law is the exponential
66 rate of increase in the observed mortality rates with age, called the Rate of Demographic Aging (RDA).
67 Because the RDA determines the distribution of age at death, changes in the RDA across cohorts are a
68 key measure of whether mortality is being postponed or compressed. If lifespans are approaching an
69 absolute limit, improvements in mortality at younger old ages will be associated with increases in the
70 RDA and the distribution of age at death will be increasingly compressed at advanced ages below the
71 limit. On the other hand if the RDA is constant, improvements in mortality at younger ages will simply
72 shift the distribution of ages at death to the right, suggesting that old-age mortality is being postponed
73 and that a limit to the human lifespan, if it exists, is still far away.

74
75 Despite the good fit of the Gompertz law between ages 50 and 100, there are strong theoretical reasons
76 to expect the RDA to fall at extreme old ages (Vaupel et al, 1979) and such a fall has been observed
77 empirically in the mortality of super-centenarians. In fact, as more high-quality data becomes available,
78 the evidence in support of a levelling-off of the risk of dying has increased. Rootzen and Zholud (2017)
79 found that at extreme ages, mortality probabilities appear to be independent of age and sex, and are
80 around $\frac{1}{2}$; Barbi et al (2018) suggest that the mortality hazard rate among super-centenarians in Italy
81 appears to level off at around $\frac{2}{3}$ (and so annual mortality probabilities are around $\frac{1}{2}$), a finding
82 confirmed in other countries by Alvarez et al (2021). We therefore hypothesize the existence of a
83 Gompertzian Maximum Age (GMA) – the age at which the Gompertz law would predict the mortality
84 hazard rate to be $\frac{2}{3}$ – and estimate confidence intervals for this GMA and the age at death of the
85 longest-lived person in each cohort. This approach allows us to disaggregate changes in life expectancy
86 at 50 in historical and current cohorts between postponement and compression explicitly using an
87 analytical method. We confirm the finding of Zuo et al (2018) that longevity does not appear to be
88 approaching an upper limit. In contrast, however, we show that old-age mortality patterns can be well
89 explained by cohort effects, rather than period effects. These cohort patterns show why longevity
90 records have not changed in recent decades despite the well-documented improvements in mortality at
91 older ages across much of the industrialized world in recent years.

92
93 **3. Materials and Methods**

94
95 Although more complex approaches are possible, we define the base mortality of individuals aged x and
96 born in year c to be $\mu_{x,c}$ and use the Gompertz law to write:

97
98
$$\log(\mu_{x,c}) = \lambda_{50,c} + \delta_c(x - 50), \quad 50 \leq x \leq 100 \quad (1)$$

99
100 where δ_c is the RDA of cohort c and $\lambda_{50,c} \equiv \log(\mu_{50,c})$. This approach makes the assumption that each
101 cohort is endowed with δ_c and $\lambda_{50,c}$ at age 50, and that these remain fixed thereafter. These fixed
102 cohort parameters can be regarded as proxies for causes of death (such as heart disease, stroke, cancer
103 and neurological disorders) that are the consequence of lifestyle and other factors operating over very

104 long time scales. Other than Covid-19, these have become the predominant cause of death among the
 105 elderly.

106
 107 To account for shorter-latency causes of death, we allow a cohort's observed mortality to fluctuate
 108 around base mortality due to calendar year effects (e.g. epidemics such as Covid-19 and the 1918
 109 Spanish flu, climatic fluctuations, wars and famines). The error term also captures model misfit (e.g. the
 110 gradual fall in the RDA at extreme old age), data errors, and random variation. We therefore write the
 111 observed central rate of death at age x of an individual born in year c , defined as $m_{x,c}$, as:

$$113 \quad \log(m_{x,c}) = \log(\mu_{x,c}) + \varepsilon_{x,c}. \quad (2)$$

114
 115 We estimated equation (2) using population mortality data, organized by birth year, for males and
 116 females between the ages of 50 and 100 for a set of 19 rich industrialized countries from the Human
 117 Mortality Database, described in Table 1. (Human Mortality Database, 2021)

118
 119 TABLE 1: Description of data

Country	Data period		Extinct cohorts†		Cohorts used to estimate prior distribution			
	Start year	End year	First year of birth	Final year of birth	Prior A (base case)	Prior B	First year of birth	Final year of birth
Australia	1921	2017	1871	1917	1871	1927	1871	1927
Austria	1947	2018	1897	1918	1897	1928	1897	1928
Belgium*	1841	2017	1791	1917	1791	1927	1869	1927
Canada	1921	2017	1871	1917	1871	1927	1871	1927
Denmark	1835	2019	1785	1919	1785	1929	1869	1929
Finland	1878	2019	1828	1919	1828	1929	1869	1929
France	1816	2017	1766	1917	1766	1927	1869	1927
Ireland	1950	2016	1900	1916	1900	1926	1900	1926
Italy	1872	2017	1822	1917	1822	1927	1869	1927
Japan	1947	2018	1897	1918	1897	1928	1897	1928
Netherlands	1850	2018	1800	1918	1800	1928	1869	1928
New Zealand	1948	2012	1898	1912	1898	1922	1898	1922
Norway	1846	2019	1796	1919	1796	1929	1869	1929
Portugal	1940	2019	1890	1919	1890	1929	1890	1929
Spain	1908	2017	1858	1917	1858	1927	1869	1927
Sweden	1751	2018	1709	1918	1709	1928	1869	1928
Switzerland	1876	2017	1826	1917	1826	1927	1869	1927
UK	1922	2017	1872	1917	1872	1927	1872	1927
USA	1933	2018	1883	1918	1883	1928	1883	1928

120 NOTES: Population data from the Human Mortality Database was used for each country. Separate estimates were prepared for
 121 males and females in each country. † We regards cohorts as extinct when they reach the age of 100. * Belgian data is incomplete
 122 over the war years. Each country's data is subject to inaccuracies and approximations, especially in earlier years⁴⁵. Prior C uses
 123 the same data as Prior B but estimates a single model for all countries (a separate model is used for males and females).

124
 125 *3.1 Estimation technique*

126
 127 Details are provided in appendix M1. Combining (1) and (2), the central rate of death at age
 128 $50 \leq x \leq 100$ of an individual who was born in year c , written $m_{x,c}$, as:

$$130 \quad \log(m_{x,c}) = \lambda_{50,c} + \delta_c(x-50) + \varepsilon_{x,c}. \quad (3)$$

132 We use changes in the estimates of $\lambda_{50,c}$ and δ_c measured off extinct or nearly-extinct cohorts (where
 133 estimation errors are small) to formulate a Bayesian prior for how these parameters will change over
 134 cohorts that are currently censored by survival, and use Bayes' Theorem to calculate a joint posterior
 135 distribution of the parameters for both extinct and censored cohorts conditional on the data and the
 136 chosen prior. We then use the Metropolis-Hastings (MH) algorithm to draw a sample from this
 137 posterior distribution, denoted $\{\tilde{\lambda}_{50}, \tilde{\delta}\}$, with mode $\hat{\lambda}_{50}$ and $\hat{\delta}$.

138

139 We then define the Gompertzian Maximum Age of cohort c (GMA, denoted Λ_c) as that age at which the
 140 base mortality hazard in equation (1) first reaches 2/3 (so mortality hazards have likely plateaued and
 141 annual death probabilities are around ½):

142

$$143 \quad \hat{\Lambda}_c = \frac{\log(2/3) - \hat{\lambda}_{50,c}}{\hat{\delta}_c} + 50 \quad (4)$$

144

145 3.2 Division between compression and postponement

146

147 Details are provided in appendix M2. We used our MH sample $\{\tilde{\lambda}_{50}, \tilde{\delta}\}$ to quantify the changes in
 148 remaining cohort base life expectancy at age 50 between cohorts born ten years apart due to
 149 compression and postponement, as well as 95% confidence intervals. As shown in Figure 1, the full
 150 change in $\lambda_{50,c}$ and any consequent change in δ_c needed to keep Λ_c fixed were ascribed to
 151 compression, and any further changes in δ_c to postponement.

152

153 FIGURE 1: Dividing changes in mortality rates between compression and postponement

154

155 3.3 95% confidence intervals for the GMA and the maximum length of life

156

157 Details are provided in appendix M3. We then calculated 95% confidence intervals for Λ_c directly using
 158 our sample $\{\tilde{\lambda}_{50}, \tilde{\delta}\}$ and (4), and confidence intervals for M_c , the age at death of the longest-lived
 159 person in each cohort conditional on at least one person in each cohort reaching age Λ_c , under the
 160 assumption that the mortality hazard at ages older than Λ_c (so after the plateau) are constant and
 161 equal to two thirds. M_c will increase as cohort size increases, Λ_c only changes with underlying
 162 mortality rates.

163

164 4. Results

165

166 Despite its simplicity, the Gompertz law accounts for the vast majority of the variation in observed
 167 mortality rates between ages 50 and 100 across the extinct cohorts in our data (here we regard cohorts
 168 as extinct when they have reached the age of 100). Figure 2 shows the extinct cohorts with the highest
 169 and lowest R-squared values. Using $\hat{\lambda}_{50}$ and $\hat{\delta}$ as point estimates, the modal value of R-squared of (2)
 170 for extinct cohorts is around 0.9925 (0.9975 for the most recent extinct cohorts, born in the 1910's).
 171 The residual mean squared error (RMSE) of (2), which represents the average percentage difference
 172 between actual mortality rates and estimated base mortality rates due to all causes declines from

173 around 20% of mortality rates for the very earliest extinct cohorts to around 7% of mortality rates for
174 the latest ones, born in the 1910's. Figure 3 shows the decline in R-squared over extinct cohorts; while
175 Figure 4 shows the decline in RMSE.

176
177 FIGURE 2: Extinct cohorts with highest (left) and lowest (right) R-squared in our dataset

178 FIGURE 3: Box-and-whisker plot of the distribution R-squared across extinct cohorts, by decade of birth
179 FIGURE 4: Box-and-whisker plot of the distribution of the RMSE across extinct cohorts, by decade of birth

180
181 The main source of differences driving the results in Figures 3 and 4 are calendar year effects
182 representing short-latency causes of death. Examples are the 1918 influenza epidemic and the COVID-
183 19 epidemic, which caused the mortality of affected cohorts to rise at the age they were when the
184 epidemics occurred. Other examples might be climatic fluctuations, wars or famines. In general,
185 calendar year effects are more significant for earlier cohorts of our sample, but have fallen in magnitude
186 following World War II, as a result of greater prosperity, technological advancements in living standards
187 and healthcare, and increased political and economic stability in the countries we examine (Carson et al,
188 2006; Astrom et al, 2013), although Covid-19 represents a significant exception. A small increase in the
189 RMSE for cohorts born around 1850 is likely attributable to the Spanish Flu epidemic of 1918 and the
190 First World War, and an increase for cohorts born around 1890 to the Second World War.

191
192 A second source of error is model misfit, as the Gompertz law may not fully capture the underlying
193 dynamics of mortality. As discussed, the RDA may fall at extreme ages, senescent aging in females may
194 be delayed due to childbirth, and calendar-year effects may have significant autocorrelation (a factor we
195 ignore in our estimation procedure).

196
197 Random variation is especially important at older ages where relatively few cohort members are still
198 alive, which we account for by ascribing less credibility to ages at which fewer deaths occur (Fay and
199 Heriot, 1979).

200
201 A final source of error is data errors. With some caveats, data for recent years are likely to be accurate
202 and substantially complete in all the countries we examine. However, in earlier years (before World
203 War II in particular), data may be smoothed or imputed from periodic censuses or grouped data, or may
204 simply be inaccurate. Readers can consult the data appendices for each country for more information
205 about data errors when interpreting our results (see HMD, 2021).

206
207 Because Sweden has the longest data series in our sample, and exhibits patterns that are widely similar
208 to other countries, we focus on results from Sweden before turning to other countries. Figure 5 shows
209 log observed mortality hazard rates by age for Swedish males for cohorts born ten years apart from
210 1880 to 1950 (dots), along with our estimates of log base mortality (lines, calculated using $\hat{\lambda}_{50,c}$ and $\hat{\delta}_c$).
211 As shown in the left panel, $\hat{\lambda}_{50,c}$ fell slightly for cohorts born between 1880 and 1910, but because $\hat{\delta}_c$
212 rose to compensate, there was little change in mortality rates at very old ages, consistent with mortality
213 compression. Cohorts born after 1910, shown in the right panel, exhibit a strikingly different pattern:
214 declines in $\hat{\lambda}_{50,c}$ were larger, but there appears to be little evidence of an increase in $\hat{\delta}_c$, a pattern

215 strongly consistent with mortality postponement. Unless there is a dramatic increase in their RDA's only
216 at older ages, a pattern for which there appears to be little or no historical precedent, we can expect
217 that the GMA and the maximum age at death of individuals in these cohorts will rise.

218

219 FIGURE 5: Observed mortality hazard rates (dots) and estimated base mortality hazard rates (lines) by
220 age for Swedish males born 1880-1950

221 NOTE: Estimated base mortality rates are calculated using modal estimates $\hat{\lambda}_{50,c}$ and $\hat{\delta}_c$ for each cohort.

222

223 Figure 6 shows full results for Swedish females (left column) and males (right column). Panel A shows
224 $\hat{\lambda}_{50,c}$ plotted against $\hat{\delta}_c$ for males and females by birth cohort. Females appear to have lower values of
225 $\hat{\lambda}_{50,c}$ but higher values of $\hat{\delta}_c$ than males of the same cohort. $\hat{\delta}_c$ varies between 0.07 and 0.10 per year
226 of age, and is not obviously constant across cohorts. In fact, statistical tests based on the Bayesian
227 Information Criterion (BIC) and the Akaike Information Criterion (AIC), shown for all countries in Table 2,
228 decisively reject the hypothesis that δ_c is constant across cohorts in Sweden for both males and
229 females. Although changes in $\hat{\lambda}_{50,c}$ and $\hat{\delta}_c$ are small and appear random for the earliest cohorts (which
230 may be related to data issues (see the data appendix for Sweden at HMD, 2021)), starting with cohorts
231 born around 1775 the dominant pattern is that falls in $\hat{\lambda}_{50,c}$ are associated with rises in $\hat{\delta}_c$ for both
232 males and females, a pattern associated with mortality compression (similar to Panel A of Figure 5).
233 There are, however, two sets of cohorts for which both $\hat{\delta}_c$ and $\hat{\lambda}_{50,c}$ fell, a pattern associated with
234 mortality postponement. The first occurred for cohorts born roughly between 1855 and 1875 for
235 females (later and shorter for males), but was of much shorter duration and lower significance than the
236 second such period, illustrated in Panel B of Figure 5, which is projected to occur largely for cohorts that
237 are still censored by survival: those born between around 1920 and 1945 for females (1902 and 1930 for
238 males). The historically dominant pattern of increases in $\hat{\delta}_c$ but falls in $\hat{\lambda}_{50,c}$ is expected to resume for
239 cohorts born after about 1945 (although these estimates are imprecise and depend heavily on the
240 chosen prior).

241

242 FIGURE 6: Bayesian estimates of slope and intercept parameters of male and female cohorts for Sweden
243 (panel A); implied changes in remaining cohort base life expectancy at age 50 over ten year birth
244 cohorts, divided into the portion due to postponement and portion due to compression (panel B), and
245 95% confidence intervals for the age at which cohort mortality hazard first reaches 2/3 (Λ_c) and the
246 maximum observed lifespan (M_c) in each birth cohort (panel C).

247 NOTE: Confidence intervals are not shown in Panel A for ease of interpretation. In the other panels, bands or bars show 95% confidence
248 intervals for the true base value. In panel B, bar heights show median estimates. Black dots show the actual change in life expectancy for
249 extinct cohorts. Note that under the assumption that the model is correct, this would equal the true base value plus random error due to
250 calendar-year effects and random variation, plus the change in bias due to these. In panel C, black dots show the longest-lived person in each
251 birth cohort from ILD³⁹ and GRG⁴⁰ data (green if they are still alive in 2021). The mean of M_c increases in line with the logarithm of cohort size
252 at age 50 even if there are no changes in mortality rates. The shaded area to the right of the diagonal line in panel C indicates censoring in
253 2021.

254

255

256

257 TABLE 2: Statistical tests for $\delta_c = \delta \forall c$

Country	Males				Females			
	AIC		BIC		AIC		BIC	
	Constant	Variable	Constant	Variable	Constant	Variable	Constant	Variable
Australia	-14,448	-14,796	-13,827	-13,579	-14,424	-14,520	-13,803	-13,303
Austria	-9,168	-9,928	-8,734	-9,083	-9,520	-9,618	-9,086	-8,774
Belgium	-29,044	-29,784	-27,799	-27,323	-26,869	-30,204	-25,624	-27,742
Canada	-17,222	-18,000	-16,601	-16,784	-14,789	-17,497	-14,168	-16,280
Denmark	-26,109	-29,494	-24,792	-26,888	-28,076	-32,015	-26,758	-29,408
Finland	-19,356	-20,235	-18,387	-18,324	-19,335	-20,685	-18,365	-18,771
France	-32,791	-35,427	-31,334	-32,541	-30,019	-33,769	-28,561	-30,883
Ireland	-7,602	-8,818	-7,205	-8,047	-8,353	-8,450	-7,956	-7,679
Italy	-22,652	-23,630	-21,650	-21,652	-19,733	-22,175	-18,731	-20,197
Japan	-10,456	-12,811	-10,023	-11,967	-9,517	-11,105	-9,083	-10,261
Netherlands	-23,370	-26,309	-22,192	-23,979	-21,722	-27,637	-20,543	-25,306
New Zealand	-7,080	-7,729	-6,698	-6,987	-7,305	-7,541	-6,923	-6,799
Norway	-25,500	-27,785	-24,272	-25,358	-23,539	-29,961	-22,312	-27,533
Portugal	-10,733	-11,549	-10,240	-10,587	-9,959	-10,765	-9,466	-9,802
Spain	-11,915	-14,302	-11,194	-12,887	-9,609	-12,806	-8,889	-11,391
Sweden	-33,316	-40,311	-31,306	-36,320	-32,313	-40,588	-30,301	-36,593
Switzerland	-22,705	-24,075	-21,734	-22,161	-17,909	-21,350	-16,939	-19,435
UK	-16,230	-17,525	-15,617	-16,323	-16,236	-18,319	-15,623	-17,118
USA	-15,463	-16,048	-14,925	-14,997	-13,035	-15,896	-12,497	-14,844

NOTE: The AIC and BIC prefer the model with the lowest criterion. In each case, the preferred model is highlighted in grey.

258
259

260

261

262 Panel B of Figure 6 illustrates our median estimates of the change in remaining base life expectancy at
263 age 50 for cohorts born ten years apart, split into the portions due to compression and postponement,
264 with 95% confidence intervals for each component. The pattern of postponement and compression
265 described previously, and strikingly evident in Figure 5, is clear. We project that Swedish females born
266 in 1950 can expect to live 7.5 years (males: 9.5 years) longer after the age of 50 than their counterparts
267 born 50 years earlier. 60% (males: 70%) of this increase will be due to postponement. Postponement,
268 but not compression, is projected to end for cohorts born after 1950 (although again these estimates
269 are highly imprecise). Black dots in panel B show the actual change in cohort life expectancy over ten-
270 year periods for extinct cohorts. These are close to our median estimates, but sometimes lie outside our
271 confidence intervals due to random variation around base mortality, caused largely by calendar year
272 effects.

273

274 Panel C shows confidence intervals (in red) for Λ_c , the Gompertzian maximum age at which the
275 mortality hazard rate first reaches two thirds. Remarkably, Λ_c barely changed for males born over the
276 two centuries before 1900 (or for females born between 1700 and 1860, after which the first period of
277 mortality postponement identified in Panel A increased Λ_c by around 5 years), confirming that
278 mortality postponement was the dominant pattern for these cohorts. Equally remarkably, despite
279 different values of $\hat{\delta}_c$ and $\hat{\lambda}_{50,c}$ for males and females, Λ_c was very similar for Swedish males and
280 females born between 1700 and 1860.

281

282 Panel C also shows 95% confidence intervals (in grey) for M_c , the age at death of the longest-lived
283 person in each cohort, conditional on at least one person in each cohort reaching age Λ_c . Where data
284 is available in the International Longevity Database (ILD, 2021) and a database maintained by the
285 Gerontology Research Group (GRG, 2021), we plotted the actual age at death of the longest-surviving
286 male and female in each birth cohort. The shading indicates the age/year-of-birth combinations that are

287 censored by survival, with the darker shade to the right representing censoring. For cohorts born before
288 1900, the mean of M_c increases due to increases in population, mortality compression and small
289 amounts of postponement. But for cohorts born after 1900, the dramatic period of mortality
290 postponement identified in Panel B may raise the observed maximum lifespan significantly in addition to
291 the increases caused by population change. For instance, our estimates indicate that there is a 95%
292 chance that the last Swedish female born in 1950 will only die aged between 117.1 and 125.5 years (so
293 sometime between 2067 and 2075).

294

295 FIGURE 7: Changes in remaining base life expectancy at age 50 across 10-year birth cohorts separated
296 into the portion due to postponement and the portion due to compression for males and females.

297

298 NOTE: These show the median changes in remaining cohort life expectancy at age 50 due to compression and postponement estimated from
299 our posterior sample $\{\hat{\lambda}_{50}, \hat{\delta}\}$ for each country. Confidence bands for earlier cohorts are small, but widen for the most recent two decades
300 shown. Detailed results for each country, along with confidence intervals, are available in the supplementary materials.

301

302 Figure 7 summarizes our median estimates for all 19 countries of the changes in remaining cohort life
303 expectancy at age 50 between cohorts born 10 years apart, split between compression and
304 postponement. Compression is the dominant pattern for cohorts born before 1900, replaced by
305 postponement for those born after. These results show clearly why the distribution of the maximum
306 lifespan has changed so little: cohorts that could have reached the maximum lifespan of 122 before
307 2021 were born before 1899, and so experienced improvements in life expectancy that were driven
308 largely by compression.

309

310 FIGURE 8: 95% confidence intervals for the length of maximum life (M_c , grey) and the Gompertzian
311 maximum age (Λ_c , red)

312

313 NOTE: Dots in the figures show the age at death (black dots) and current age (green triangles) of the longest-lived person in each birth cohort,
314 from the ILD³⁹ and the GRG⁴⁰. ILD data contains people over the age of 105 or 110 (depending on country); GRG data only show people over
315 the age of 110. The mean length of maximum life increases due to compression and population increase (because more people are expected to
316 reach age Λ_c) as well as postponement. Confidence intervals for M_c are conditional on at least one person reaching age Λ_c . Unconditional
317 upper confidence intervals for M_c are always the same as the conditional ones, but the unconditional lower confidence interval may be smaller
than shown in countries with small populations, especially for males. See methods section M3 for details.

318

319 Observed mortality patterns of censored cohorts suggest that this is likely to change as the cohorts that
320 are benefiting from mortality postponement reach extreme old age. Figure 8 shows our estimated 95%
321 confidence intervals for the GMA and the maximum observed lifespan of males and females in each
322 country for cohorts born before 1970. (Figures similar to Figure 8, but showing Panels A and B of Figure
323 5 are shown for all countries in appendix S1.) Our confidence intervals for M_c fit ILD and GRG data very
324 well in almost all countries. But our results show clearly that significant potential exists for longevity
325 records to be broken in country after country and globally as cohorts born in the 1930's and 1940's
326 reach extreme old age. Japanese females – who are already close to reaching longevity records – are
327 simply at the forefront of this phenomenon.

328

329 As in all Bayesian approaches, our choice of prior is subjective. We therefore repeated our results for
330 the three choices of prior shown in Table 1. Results are shown in the appendix. We found that our
331 estimates of postponement are robust to the choice of prior for cohorts born before around 1950,

332 indicating a very strong signal from the data for these cohorts that mortality postponement is indeed
333 occurring. We therefore emphasize results only for cohorts born before 1950. We also back-tested the
334 model for Swedish data, and found reasonable, but not perfect, out-of-sample predictive power.
335 Results are shown in appendix S1.

336

337 5. Discussion

338

339 Using historical data from 19 industrialized countries, we have shown that the dominant pattern of
340 mortality improvement has been mortality compression, with little increase in either the GMA or in
341 maximum attained ages over much of our historical data. We demonstrate, however, that there have
342 indeed been occasional episodes of mortality postponement, which raise the GMA. The first of these
343 occurred for cohorts born around 1880, raised the GMA by around 5 years, and appears more
344 pronounced among females than among males. Other historical changes in observed maximum lives are
345 attributable to increases in population rather than mortality postponement. We show that cohorts born
346 between 1900 and 1950 are currently experiencing the most significant episode of mortality
347 postponement yet recorded in our data. In combination with the effect of increases in cohort size, this
348 indicates substantial potential for longevity records to rise by 10-15 years by the year 2060 in most of
349 the countries we examine.

350

351 We emphasise that cohorts born before 1950 will only break existing longevity records if policy choices
352 continue to support the health and welfare of the elderly, and the political, environmental and
353 economic environment remains stable. The emergence of Covid-19 and its outsize effect on the
354 mortality of the elderly provides a salutary warning that none of these is certain. If, however, the GMA
355 does increase as the current mortality experience of incomplete cohorts suggests is likely, the
356 implications for human societies, national economies and individual lives will be profound.

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358 6. References

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